

Massage Therapist @ The Salty Pelican Yoga & Surf Retreats



Location: Cascais, Ericeira, Peniche (Portugal)

Position Description

Join The Salty Pelican team as a freelance Massage Therapist and be an essential part of our wellness retreats. Our mission is to provide a warm, positive, and relaxing environment for our guests. As a Massage Therapist, you will offer personalised massage services, ranging from 25 to 45 minutes, tailored to help guests unwind and rejuvenate. This freelance position provides flexibility, with massage numbers varying by season. Please note that the number of massages per week is not guaranteed and can range from around 10 in the low season to up to 25 in the peak season. You will earn a commission of €10 for each 25-minute massage and €13 for each 45-minute massage.

Key Responsibilities

- **Massage Services:** Provide professional massages by appointment, ensuring each guest enjoys a relaxing and personalised experience. Sessions include 25-minute and 45-minute options.
- **Room Setup and Maintenance:** Set up and break down the massage room before and after each session. Maintain cleanliness and organisation of all provided equipment, oils, towels, and products.
- **Client Consultation:** Discuss symptoms, medical history, and desired outcomes with clients to offer a tailored experience.
- **Client Evaluation:** Identify areas of tension or discomfort and adjust techniques accordingly.
- **Client Interaction:** Respond to guest feedback during sessions to ensure comfort and effectiveness.
- **Professional Development:** Continuously improve your massage techniques and stay informed about industry best practices.
- **Team Engagement:** Participate in team meetings and contribute to a positive atmosphere at the retreat.

Requirements

- **Massage Expertise:** Proven ability to deliver high-quality massage services focused on relaxation and therapeutic benefits.
- **Client Relations:** Excellent communication skills to build rapport with clients and understand their needs.

- **Adaptability:** Ability to modify massage techniques based on client feedback and physical responses.
- **Professionalism:** Maintain high standards of cleanliness and organisation in the massage area and with all equipment.
- **Passion for Wellness:** A strong passion for massage therapy and a commitment to wellness.
- **Freelance Structure:** Comfortable working as a freelancer, with compensation based on the number of massage sessions completed.

Benefits

Freelance Compensation: Earn €10 per 25-minute massage and €13 per 45-minute massage.

Flexible Schedule: Enjoy flexibility with a changing schedule, announced weekly.

Life Balance: Plenty of free time to explore and relax in beautiful surroundings, with the number of massages not guaranteed and fluctuating by season.

Community Engagement: Be part of a supportive and friendly team environment.

Professional Development: Opportunities for personal growth and skill enhancement.

Provided Resources: All necessary massage equipment, towels, oils, and other products are supplied by The Salty Pelican.

Wellness & Cultural Activities: Access to wellness activities and cultural events at the retreats.

Career Growth: Opportunities for career growth within The Salty Pelican brand.

Accommodation: Subsidised shared staffroom accommodation available on request.

Retreat Facilities: Access to retreat facilities and participation in activities when utilising subsidised staff accommodation.

Discounts: Salty Pelican discounts on food, merchandise, and discounted stays for friends and family.

How to Apply

To apply for the Massage Therapist position or for more information, please contact us at:

Email: work@saltypelicanretreats.com

Phone: +351 923 083 330

Instagram: [@saltypelicanretreats](https://www.instagram.com/saltypelicanretreats)

Application Details

Please include the following in your application:

- **Name**
- **Languages Spoken**
- **Nationality**
- **Telephone**
- **Age**
- **Email**
- **Availability for training and work periods, specifying preferred locations and dates.**

Motivation Letter Brief

In your motivation letter, please tell us why you believe The Salty Pelican is the perfect place for you. Share how your experiences and personality align with our mission of crafting unforgettable guest experiences. Highlight your passion for hospitality and content creation, your adaptability, and how you can contribute to our team. We're excited to hear why you're drawn to The Salty Pelican and how you can help us create lasting memories for our guests.

We look forward to welcoming you to our dynamic and supportive team. Let's create unforgettable experiences together!

Stay Salty!

The Salty Pelican Team